The primary goal and purpose of the Dahlgren Shark Swim Team is to make the summer swim season a positive experience for the swimmers and coaches. Therefore, all employees must foster a positive attitude amongst the team members including fellow coaches and support the goals of the swim team.

The duties of the Assistant Coach are to develop and promote sportsmanship, team spirit, conditioning, swimming skills, and knowledge of the sport as directed by the Head Coach. During the summer swim season, the Assistant Coach must perform the following duties and tasks:

- 1. Carry out coaching and administrative tasks as assigned by the Head Coach.
- 2. Foster a positive team experience where all team members can participate and gain experience from swimming in a meet.
- 3. Prepare for of all swim practices through conditioning and instructions in stroke, turn, and starts
- 4. Teach, lead, and rehearse team spirit to include cheers
- 5. Enforce swim team rules as directed by the Head Coach.
- 6. Attend all swim practices
- 7. Be visible at all swim meets and assist with getting swimmers to the events
- 8. Attend
  - a. All RSL clinics and general coach's meetings
  - b. Swimmer registration dates
  - c. All swim meets, including the Division Final Swim Meet
  - d. Swim Team end-of-season party

The Dahlgren Sharks Swim Team also requires the coaches to be lifeguard certified.