

2026 SEASON SCHEDULE

King George YMCA | dahlgrensharks.com



PRACTICE SCHEDULE

Season: Tuesday, May 26th – Friday, July 24th | **Days:** Monday through Friday | **Location:** King George YMCA

LEVEL 3
Ages 13 to 18

8:00 am – 9:15 am

LEVEL 2
Ages 9 to 12

9:10 am – 10:15 am

LEVEL 1
Ages 5 to 8

10:10 am – 11:00 am

- The coach may modify levels based on skill.
- No practice the day after an away swim meet or on July 4th.
- The head coach may adjust practice times throughout the season.



MEET SCHEDULE

DATE	OPPONENT	LOCATION	ARRIVAL
June 10	Hurricanes HOME	King George YMCA	4:30 pm
June 17	Lee Hill AWAY	4300 Essex Ct, Fredericksburg, VA	4:45 pm
June 24	Ferry Farm HOME	King George YMCA	4:30 pm
July 1	Grafton Dolphins HOME	King George YMCA	4:30 pm
July 8	LOW Barracudas AWAY	101 Sweetbriar Park Rd, Locust Grove, VA	4:45 pm
July 13	ChanBlue Dolphins AWAY	6040 Plank Rd, Fredericksburg, VA	4:45 pm
July 24-25 FINALS	American Division	TBD	TBD